

OT/PT PROGRAM

TIP SHEET

CREATING INCLUSIVE LEARNING ZONES

We tend to remember: 10% of what we READ
20% of what we HEAR
30% of what we SEE
50% of what we SEE & HEAR
70% of what we SAY
90% of what we SAY & DO

Use centers to introduce multi-sensory learning.

Consider:

- Fine Motor Center
- Sensory Motor Center
- Reading Zone
- Science Zone

Use Technology.

Consider:

- auditory and visual
- iPad
- desktop
- smartboard
- headphone reading center

Use Learning boxes.

Consider:

- Hands on, tactile, self-correcting
- Shoebox tasks
- file folder games
- Storyboxes

Promote Interactive learning.

Consider:

- reading to others
- acting
- movement built in
- reading to animals

Integrate various senses into sedentary activities.

For calming consider:

- quiet reading near lava lamp
- scented oils
- hand fidgets
- soft fabrics for calming

For active consider:

- standing
- chewing
- movement for alerting